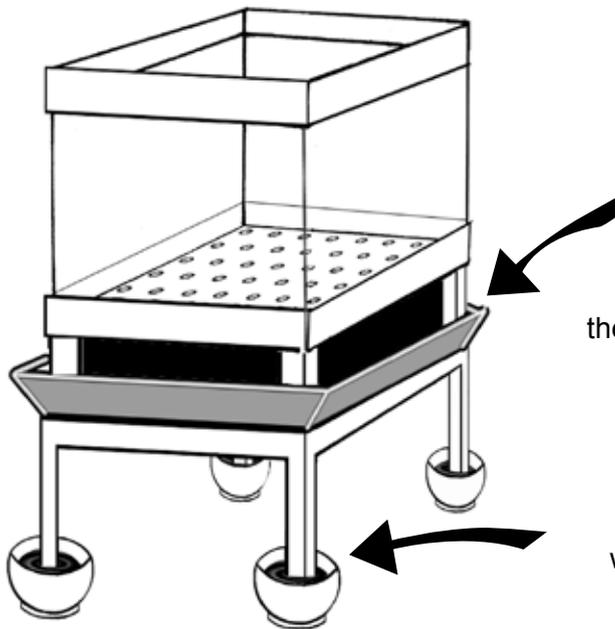


Making a Worm Farm

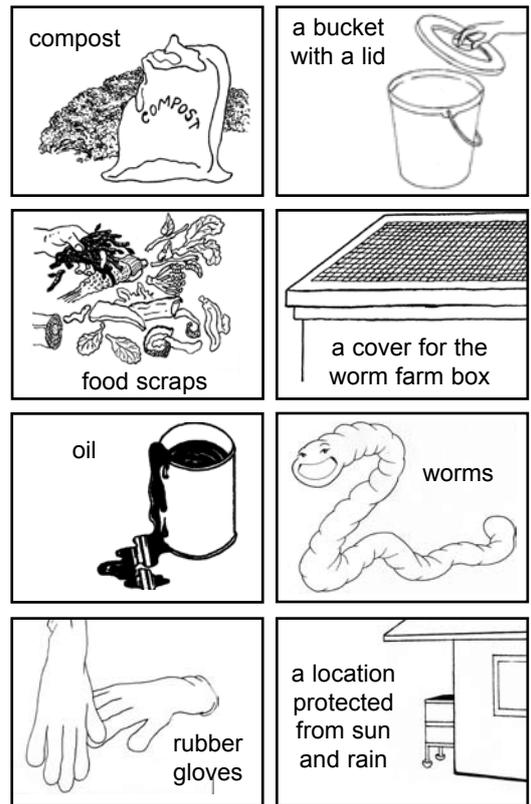
The box for your worm farm can be made from many materials, such as bamboo, plastic, or glass. Make the base of the box perforated so the worm juice can collect underneath.



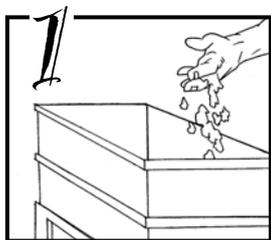
“Worm Juice” is liquid that the worms make. It is great plant food!

It can be easily collected in a tray placed below the main box. The wetter the worm food, the more worm juice you get.

Important!
Place the worm box legs in oil or soapy water so that ants cant climb into the box.



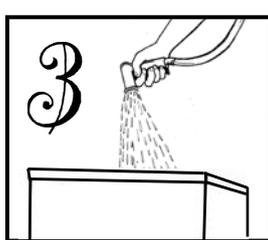
How to start your worm farm...



1 Put about 15cm of compost into the worm farm box.



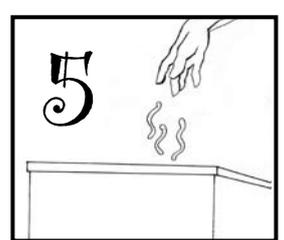
2 Chop up vegetable food scraps and add them into the box.



3 Add a little water.

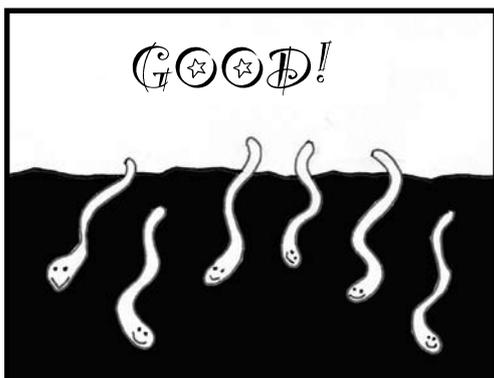


4 Mix everything together. Use gloves.

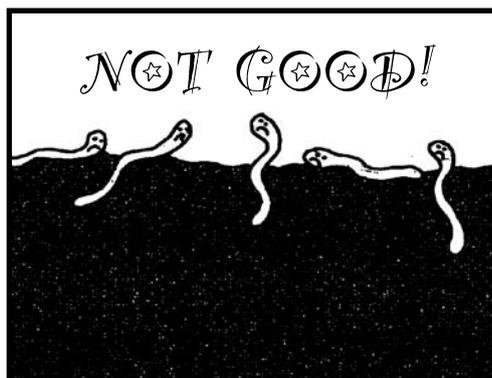


5 Gently add about 1kg of worms to the box.

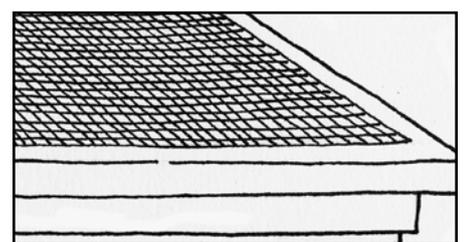
How to check if your worms like their new home...



If the worms go down inside the compost, they like it.



If the worms stay on top or return to the surface, there is something wrong with your compost mixture.



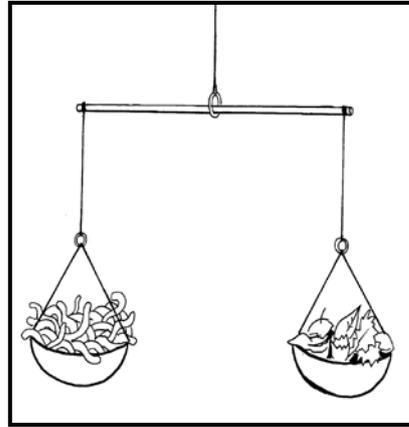
Close the lid firmly to keep out worm eaters. Lids can be made from chicken wire, rubber, plastic, tin, or wood. Make sure it is ventilated, so the worms can breathe.

Taking care of your worm farm

Worms are really useful, they take food scraps and turn them into 'castings' and 'worm juice' which can be used as an excellent liquid fertilizer for your garden. Remember, worms need to be cared for, so pay close attention to them. Make sure you don't feed them anything that might make them sick.

Don't feed worms:

- Coffee or tea.
- Oil or oily foods.
- Essential oils or anything aromatic (with strong smells).
- Soaps or chemicals.
- Bones or meat.
- Citrus or other acidic fruits.
- Not too much salt or sugar.



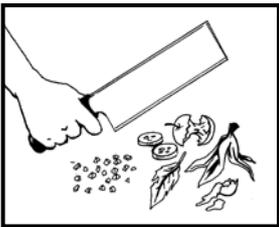
How much do worms eat?

About the same amount of food as their own weight.

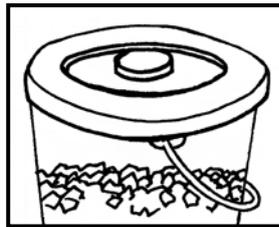
1kg of worms needs about 1kg of food.

Feed your worms at least once every 3 days.

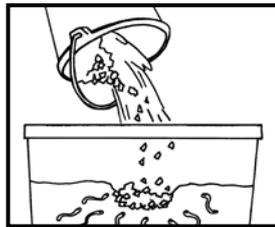
How to feed your worms...



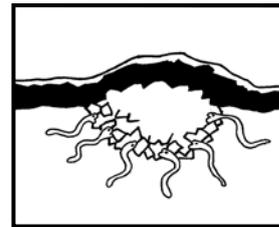
Chop food scraps into small pieces (see list above for foods to avoid).



Store them in a bucket for 2-3 days, until they are fermented.



Make a hole in the worm farm compost mixture, and add the food scraps.



Carefully cover the scraps with compost (do not use sharp tools to do this).

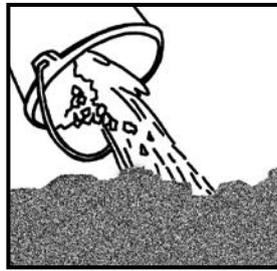
Note:
Banana stumps chopped into small pieces also makes great worm food.

Things you should always check...

Moisture levels!



If the compost looks too wet, add and turn compost. Don't let it become compacted or water logged.



If the compost looks too dry, add food scraps with more water content.

Worm eaters!

